

**WIGGLE IT
WAGGLE IT
MOVE IT
GROOVE IT
JUST DON'T
SIT ON IT**

**on your
feet[®]
Canada**



**YOUR WORKPLACE CHAMPION
FOR ON YOUR FEET CANADA**

[Blank white box for name]

WILL BE ORGANISING A

[Blank white box for event name]

ON THE

[Blank white box for date]

**COME ALONG AND JOIN THE FOURTH NATIONAL
CHALLENGE TO GET CANADA STANDING**

#SITLESS #MOVEMORE

Event
Organiser

In Association
With

