

**WIGGLE IT
WAGGLE IT
MOVE IT
GROOVE IT
JUST DON'T
SIT ON IT**

**on your
feet[®]
Canada**



Event organizer



In association with



Your workplace champion for On Your Feet Canada[®]

Will be organising a

On the

**Come along and join the fifth national
challenge to Get Canada[®] Standing**

#SITLESS #MOVEMORE

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