

**WIGGLE IT  
WAGGLE IT  
MOVE IT  
GROOVE IT  
JUST DON'T  
SIT ON IT**

**on your  
feet  
Britain**



**YOUR WORKPLACE CHAMPION  
FOR ON YOUR FEET BRITAIN**

**WILL BE ORGANISING A**

**ON THE**

**COME ALONG AND JOIN THE THIRD NATIONAL  
CHALLENGE TO GET BRITAIN STANDING**

**#SITLESS #MOVEMORE**

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Event  
Organiser

In Association  
With

