

WIGGLE IT
WAGGLE IT
MOVE IT
GROOVE IT
JUST DON'T
SIT ON IT

on your
feet
Britain

On Your Feet

28th April 2017

Take a stand for workplace health. Challenge yourself to sit less & move more at work.

onyourfeet.org.uk

#CHIEFWIGGLEOFFICER

Hi I'm Brad, here to get you moving.
What will you do?

#SITLESS #MOVEMORE

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Event
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In Association
With

